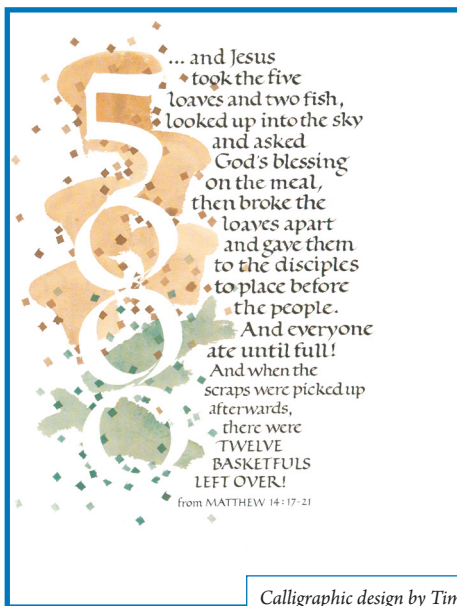


Project 5000

A seasonal project of caring, love, and sharing with persons in need in the Orange, Chatham, and Robeson County Communities



Project 5000 is founded on an unforgettable experience in the life of Jesus – the feeding of the 5,000. Jesus took the five loaves and two fish offered by a small boy and multiplied them to provide more than enough food for a multitude of 5,000. Project 5000 allows us to give our own small contribution of food and see it multiplied into greater usefulness.

Calligraphic design by Timothy R. Botts.
Used by permission.

Instructions for Filling Boxes

Each box of food is designed to provide emergency food for a family of four for two days. Each box will contain the following items:

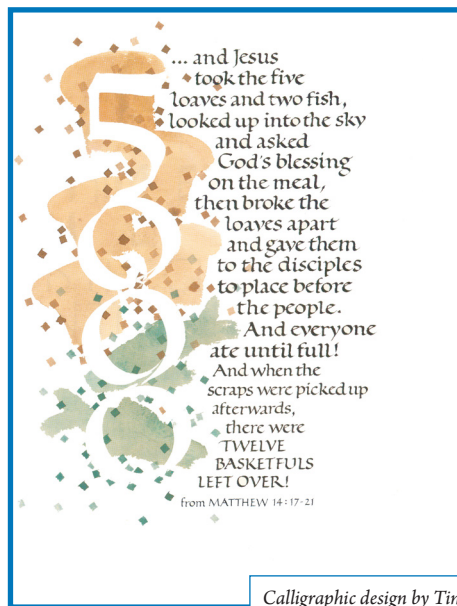
- 2 cans of tuna, chicken or Spam (12-13 oz. each)
- 2 cans of vegetables - *anything but corn* (14.5 oz. each)
- 1 can spaghetti sauce (26.5 oz.)
- 1 can of canned fruit (14.5 oz.)
- 2 boxes of macaroni and cheese (7.25 oz.)
- 2 cans of pinto beans (15-16 oz. each)
- 1 box flavored grits (12-10 oz. packets)
- 1 lb. bag or box of white rice
- 2 packages of muffin/biscuit mix - *esp. corn muffin* (8 oz.)
- 1 package of powdered milk or packets (9.6 oz.) or 2 cans of evaporated milk
- 2 cans of condensed soup or 1 can of non-condensed soup (e.g. Progresso)
- 1 plastic jar of jelly (32 oz.)

Note: Sizes may vary slightly by brand. Please do not substitute items or use glass containers.

Unsealed, filled boxes are to be returned to the church no later than **Palm Sunday, March 25**. Boxes will be dedicated and delivered to IFC, Robeson County Church & Community Center, Orange Congregations In Mission, and CORA.

Project 5000

A seasonal project of caring, love, and sharing with persons in need in the Orange, Chatham, and Robeson County Communities



Project 5000 is founded on an unforgettable experience in the life of Jesus – the feeding of the 5,000. Jesus took the five loaves and two fish offered by a small boy and multiplied them to provide more than enough food for a multitude of 5,000. Project 5000 allows us to give our own small contribution of food and see it multiplied into greater usefulness.

Calligraphic design by Timothy R. Botts.
Used by permission.

Instructions for Filling Boxes

Each box of food is designed to provide emergency food for a family of four for two days. Each box will contain the following items:

- 2 cans of tuna, chicken or Spam (12-13 oz. each)
- 2 cans of vegetables - *anything but corn* (14.5 oz. each)
- 1 can spaghetti sauce (26.5 oz.)
- 1 can of canned fruit (14.5 oz.)
- 2 boxes of macaroni and cheese (7.25 oz.)
- 2 cans of pinto beans (15-16 oz. each)
- 1 box flavored grits (12-10 oz. packets)
- 1 lb. bag or box of white rice
- 2 packages of muffin/biscuit mix - *esp. corn muffin* (8 oz.)
- 1 package of powdered milk or packets (9.6 oz.) or 2 cans of evaporated milk
- 2 cans of condensed soup or 1 can of non-condensed soup (e.g. Progresso)
- 1 plastic jar of jelly (32 oz.)

Note: Sizes may vary slightly by brand. Please do not substitute items or use glass containers.

Unsealed, filled boxes are to be returned to the church no later than **Palm Sunday, March 25**. Boxes will be dedicated and delivered to IFC, Robeson County Church & Community Center, Orange Congregations In Mission, and CORA.

Project 5000

A seasonal project of caring, love, and sharing with persons in need in the Orange, Chatham, and Robeson County Communities



Project 5000 is founded on an unforgettable experience in the life of Jesus – the feeding of the 5,000. Jesus took the five loaves and two fish offered by a small boy and multiplied them to provide more than enough food for a multitude of 5,000. Project 5000 allows us to give our own small contribution of food and see it multiplied into greater usefulness.

Calligraphic design by Timothy R. Botts.
Used by permission.

Instructions for Filling Boxes

Each box of food is designed to provide emergency food for a family of four for two days. Each box will contain the following items:

- 2 cans of tuna, chicken or Spam (12-13 oz. each)
- 2 cans of vegetables - *anything but corn* (14.5 oz. each)
- 1 can spaghetti sauce (26.5 oz.)
- 1 can of canned fruit (14.5 oz.)
- 2 boxes of macaroni and cheese (7.25 oz.)
- 2 cans of pinto beans (15-16 oz. each)
- 1 box flavored grits (12-10 oz. packets)
- 1 lb. bag or box of white rice
- 2 packages of muffin/biscuit mix - *esp. corn muffin* (8 oz.)
- 1 package of powdered milk or packets (9.6 oz.) or 2 cans of evaporated milk
- 2 cans of condensed soup or 1 can of non-condensed soup (e.g. Progresso)
- 1 plastic jar of jelly (32 oz.)

Note: Sizes may vary slightly by brand. Please do not substitute items or use glass containers.

Unsealed, filled boxes are to be returned to the church no later than **Palm Sunday, March 25**. Boxes will be dedicated and delivered to IFC, Robeson County Church & Community Center, Orange Congregations In Mission, and CORA.